

February

AT

PROBE



[HTTPS://GPRO.LETHSD.AB.CA/](https://gpro.letbsd.ab.ca/)

Principal Message

Hello Probe Family! Welcome to February! February is a short month but there is a lot packed into it. Make sure to check the calendar at the end of this newsletter to check out all of the activities taking place. Our Winter Walk day is scheduled for February 5th but that will also depend on the weather so if we make a change to that date, we will let you know.

The Lethbridge School Division Town Hall takes place on Tuesday, February 4th at Victoria Park High School from 6:30 – 8:30 in the gym. If you haven't registered, you can click on this [link](#), or just show up at the event and they will set you up. It is a great opportunity to help set priorities for the School Division and provide feedback.

Just a reminder that there is no school for students from Monday, February 17th (Family Day) to Friday, February 21st (Teacher's Convention)

We hope you have a great February and we hope to see you around the school!

Links

- [School Calendar](#) - Please refer to this as it has the most up-to-date listing of events.
- [School Bell Times](#)
- [School Supply Lists](#)
- [School Handbook](#)
- If you have any questions or concerns, please do not hesitate to contact me:

Chris Harris, Principal chris.harris@lethsd.ab.ca

**Dr. Probe School Council - Next Meeting
Wednesday, February 5th @ 6:30 PM in the
Staff Room.
Everyone is welcome to attend!**

**Grade 1-5 Registration
for the 2025/26 school year opens
Monday, March 3! You will need to
log into your PowerSchool account
and click on School Engage to
complete your registration.**

Online School Store



Looking to show off your Probe Pride? Well, we now have a school store that is open 365 days a year! You can purchase shirts, hoodies, hats, pants, etc. and have them shipped directly to your home! If you are interested, you can check it out here [Dr. Probe School Store](#)! There is also a link on our school webpage under Quick Links.

Family Literacy Day

We started with an assembly featuring a guest author, Malak Abdullah. Families joined us to read to classes while students and staff dressed up as book characters—such a special way to share the joy of reading!



Chinese New Year

A big thank you to Meixi, Madison, and Caleb for helping us celebrate Chinese New Year yesterday! They shared information and treats with the school, making the celebration extra special. We also want to give a huge shoutout to Tyler's family for bringing in delicious Chinese food from their restaurant—it was such a treat! Thank you for sharing your culture with us!



Tracking the Trek

We are very excited for our upcoming Tracking the Trek meeting on Thursday, March 6th from 4:30 - 7:00 pm. This event is a continuation of Mapping the Trail event from November and will continue to showcase student work and progress in all areas, but the take home materials from teachers will be more numeracy focused.

We will also have special guests with us this evening to share information around Digital Wellness and Community Activities.

Our teachers may also reach out to families to set up individual student interviews. If you would like to set up an individual interview, please contact your child's teacher to arrange a time



In person ADHD parent group

An educational group offering introductory information on ADHD to parents and caregivers. Participants are asked to register in advance for the five sessions covering:

- What is ADHD and how to talk to you child/teen about it**
- How medication, nutrition, exercise, and sleep impact ADHD**
 - How ADHD impacts self-regulation and the importance of co-regulation**
 - Tools for parenting a child/teen with ADHD**
 - Navigating school systems and community services**

Tuesdays from 6 to 7:30 p.m., February 25 to March 25, 2025.

**Recovery Alberta Child, Youth and Family
Addiction and Mental Health Clinic, Melcor Centre
(Suite 120A 200 - 4 Ave. S.).**

**To register, call Access Addiction & Mental Health
1-888-594-0211**

Newsletter February WELLNESS

Hello Dr. Probe families! Some updates from Wellness as February is a busy month. First, welcome to my practicum of social work student Chelsea O'Neill. Chelsea is with us until April and will be support capacity building groups throughout the school! Chelsea is in her final semester, and she is bringing much appreciated support to our school.

February will also see supports offered from our Lethbridge School Division Mental Health Capacity Building Team. They will be offering 4 lessons to every grade level on developmentally specific curriculum around social/emotional well-being. See the attached flyer for lesson specifics. We appreciate their support of our school community very much. They bring a wealth of knowledge and experience into our building!

MENTAL HEALTH CAPACITY BUILDING
Fall Semester
September-December 2024

I Am In Control
Pre. K and Kindergarten
Students will discover social emotional skills giving them a foundation to handle day to day classroom experiences.
• 4 Sessions, 30 min each
Topics: self control, sharing, feelings, and asking for help

Being Me!
Grade 1
Students will be guided through Susan Verde's books and use her stories to discover their self confidence and inner self.
• 4 Sessions, 45 min each
Topics: empathy, resilience, authenticity, and self regulation

The Good Egg
Grade 2
Students will be guided through Jory John's book series and learn about making friendship, and embracing their true self.
• 4 sessions, 1 hour each
Topics: self-care, mistakes, forgiveness, friendship and confidence.

Building Your Brain
Grade 3
Students will learn about various parts of the brain and their functioning as well as fun and engaging ways to increase their executive functioning skills.
• 4 sessions, 1 hour each
Topics: The brain, brain development, and executive functioning skills.

Peer Relationships
Grade 4
Students will learn how to navigate friendships within their peer group creating a cohesive classroom community.
• 4 sessions, 1 hour each
Topics: conversation skills, sportsmanship, and recognizing unhealthy relationships

Mental Health Literacy
Grade 5
Students will explore the intricate relationship between mental health and the brain. We aim to dismantle the stigma that often surrounds mental health issues.
• 4 sessions, 1 hour each
Topics: mental health, stigma, the brain, stress, and self-care.

Finally, February sees us acknowledging Kindness week, February 24 – 28, and Pink Shirt Day on Wednesday February 26. This year our school is participating in a division wide initiative called 'Kindness Call Outs'. Staff will be on the lookout for kind acts and gestures and will be recognizing students by giving them a 'Call Out'. Students receiving the 'Call Out' enter it into a ballot box in the office for a chance to win a \$50.00 gift card to Park Place Mall for themselves AND a chance for our school to win a prize! We know that our students strive for kindness each day. This special awareness campaign is an opportunity to celebrate acts that go above and beyond! Alongside this the Indigenous Education Team is encouraging elementary schools to participate in the 'Kitsikakomimm – I Love You' initiative which is a donation drive. Students are encouraged to bring a food item or water during the month of February. The items will be distributed to areas of need in our community. Thank you, Dr Probe families, for your ongoing support of mental health programming at Dr. Probe School. You are so appreciated!



NOW IN PARTNERSHIP WITH THE
INDIGENOUS EDUCATION TEAM,
GET READY FOR: **KITSIKAKOMIMM**
KINDNESS CALL-OUT
February 3rd - 26th **Your kindness does not go unnoticed!**

 **KITSIKAKOMIMM**
I LOVE YOU
2025 

STUDENT REPORTING



“SOARING THE SUMMIT”

We are excited for families to take part in a more immersive experience surrounding the learning and growth of their children. Please make note of the dates below as we invite you into the school to engage in this process.

Soaring the Summit

June 20th
7:30-9:30 AM

Pancake Breakfast &
Celebration of Learning

Tracking the Trek

March 6th
4:30-7:00 PM
Revisit Goals

Mapping the Trail

November 21st
4:30-7:00 PM

Literacy & Numeracy Goals

Basecamp

September 5th
4:30-6:30 PM

“Meet the Teacher” BBQ

Reporting Changes

At Dr. Probe, we aim to connect families and their children to the process of learning and growth. Therefore, instead of traditional qualitative report card comments in the fall and spring, we will offer meaningful opportunities for families to engage in their child's learning process. During these events, students will share and demonstrate their learning, growth, and goals.

Parent-teacher interviews will be held in addition to these events on October 23rd from 1:00-7:00 PM.

Students will continue to receive a report card to outline their academic progress on November 22nd, March 7th, and June 25.

Purpose & Goals

The purpose of "Soaring the Summit" events is to actively involve families in their child's educational journey.

Goals:

- support students to be actively engaged in their learning and goal setting
- support students to be reflective thinkers
- celebrate the challenges and growth students have experienced in their learning
- provide meaningful ways for families to understand where their child is at in relation to curricular outcomes and how they can work in partnership with the school to support continued growth
- inform families about resources and instructional programming at the school
- build stronger partnerships with our families

2024-2025 Parent Engagement Events & Progress Reporting

AUG
29

Optional Parent Drop-In Times

- Parents can request to meet with the teacher ahead of the school year to share any needs/understandings about their child that will ensure the best start to the year
- *To schedule a time, reply to the teacher email you receive on August 27th

SEPT
5
4:30-6:60

BASECAMP (Meet the Teacher)

- sponsored BBQ for all families
- Getting to Know You information

OCT
23
1:00-7:00
PM

PARENT TEACHER INTERVIEWS

- an opportunity to connect 1-1 with the teacher regarding student learning
- *Kindergarten interviews will also take place on October 22nd*

NOV
21
4:30-7:00
PM

MAPPING THE TRAIL

- Literacy and numeracy goal setting and sharing of learning
- Division staff and supports showcased

NOV 22

Report cards live on PowerSchool

MAR
6
4:30-7:00
PM

TRACKING THE TREK

- Revisit literacy and numeracy goals, sharing of learning
- Division staff and supports showcased

MAR 7

Report cards live on PowerSchool

JUNE
20
7:30-9:30
AM

SOARING THE SUMMIT & PANCAKE BREAKFAST

- A time to celebrate student learning and progress this year!

JUN 25

Report cards live on PowerSchool

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4 Town Hall Meeting	5 Quesada Hot Lunch (orders due by Jan 19) School Council Winter Walk Day	6	7	8
9	10	11	12 Subway Hot Lunch (orders due by Jan 26)	13 100th Day of School	14 Popcorn (orders due by Jan 26) Valentine's Spirit Day	15
16	17 No School: Family Day	18 No School	19 No School	20 No School - Teachers' Convention	21 No School - Teachers' Convention	22
23	24	25	26 Pink Shirt Day	27	28	